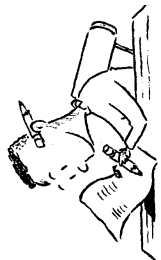


# STUDY SKILLS: SETTING GOALS

## ACTIVITY ONE: SETTING PRIORITIES

Each day you are faced with a wide range of things you need or want to do for school, for your family and friends, and for yourself. Below is a list of things you could do on a weekday evening. Arrange them in the order of your priorities. Put the most important task first.

- Organize my backpack for school tomorrow
  - Watch my favorite TV program
  - Choose clothes to wear to school tomorrow
  - Have dinner with my family
  - Call a friend to tell her about the math homework
  - Study for the social studies test being given on Friday
  - Begin science project due next Monday
  - Instant message with my friends
  - Complete math homework problems that are due tomorrow
  - Read a book I've been wanting to read
1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_
  6. \_\_\_\_\_
  7. \_\_\_\_\_
  8. \_\_\_\_\_
  9. \_\_\_\_\_
  10. \_\_\_\_\_



## ACTIVITY TWO: GOAL ORGANIZER

### Short-Term Goals

This week I will/our class will:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Medium-Term Goals

This month I will/our class will:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Long-Term Goals

This year I will/our class will:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_